

The City College  
of New York

CUNY School of Medicine  
SOPHIE DAVIS BIOMEDICAL EDUCATION PROGRAM

CUNY School of Medicine  
Sophie Davis Biomedical Education Program  
PA Program

Counseling Office

(212) 650-8429  
[vschwartz@med.cuny.edu](mailto:vschwartz@med.cuny.edu)

To schedule an appointment or for further information, please email Dr. Victor Schwartz at: [vschwartz@med.cuny.edu](mailto:vschwartz@med.cuny.edu) or [counseling@med.cuny.edu](mailto:counseling@med.cuny.edu).

Or call (212) 650-8429 and leave your name, phone number, and some convenient times that you can be reached.

Confidentiality Assured.

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Sophie Davis Biomedical Education Program & PA Program

**Counseling Office Staff:**

Janice Bennett, Ph.D.

Eduvigis Cruz-Arrieta, Ph.D.

Jodie Meyer, Ph.D.

Seymour Pardo, Ph.D.

Judith Roth, Ph.D.

Eric Rubin, M.D.

Addette Williams, Ph.D.

Mougeh Yasai, Ph.D.

The CUNY School of Medicine is an exciting and challenging academic journey. It also marks a time of tremendous personal growth.

It is not uncommon for students to experience stress and anxiety during the course of their studies. Often, students find it useful to take advantage of the CUNY SoM Counseling Office to help alleviate their concerns.

The Counseling Office provides students with a place to speak privately about any of these concerns or others. We meet in offices in the NAC Building, Harris Hall and in off-campus offices.

The Counseling Office provides evaluations and counseling, crisis intervention, psychopharmacology, and workshops.

The Counseling Office maintains a strict standard of confidentiality. There is no charge for services.

The Counseling Office provides free services for all students.

The office is staffed by psychologists and a psychiatrist, who are available to address a variety of questions and concerns that often arise. These may include:

- Stress management
- Feelings of anxiety and depression
- Time management
- Questions about relationships and developing a social life
- Learning to balance academics with other life demands
- Questions about career paths
- Negotiating family responsibilities
- Helping families understand what student life is about
- Concerns about sexuality
- Alcohol and substance abuse